



**AAC&U CLASS 2026**

Innovation Session 1B

# Reflection Is the Pedagogical Superpower We Need Now More Than Ever Before

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Digication



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*“We do not learn from experience...  
we learn from reflecting on experience.”*

John Dewey

# Survey Questions for 'the Room'

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## Your area of higher education

- STEM
- Humanities
- Business
- Social Sciences
- Experiential Learning
- Advising
- Other



## Your use of reflection currently

- Integrated, systematic
- Occasionally, haphazardly
- Know of but use rarely
- Don't use

**FOR YOUR REFLECTION**

*~ and contribution via Chat ~*



## **Imagine your students 10 years from now**

*well into their professional lives*

**What single cognitive, emotional, or behavioral quality**

do you most hope they will still carry with them

from their time in your course –

***and why does that quality matter to you as an educator?***

# Reflections Are

*the connective tissue throughout all High Impact Practices*

Reflections can occur before, during or after a learning experience

## Opportunities for Students

- Relate learning to themselves (intellectually, emotionally, experientially)
- Extend learning towards their worlds
- Integrate learning with prior knowledge
- Create original knowledge
- Develop self-awareness
- Cultivate self-regulation



## Opportunities for Educators

- Know our students as people ~ their interests, their issues
- Know our students' perceptions and observations in less mediated forms

# Reflections

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## AI-Free

### Old School

Writing, drawing, diagramming...and, yes, typing  
(Colored) paper and (colored) pen

*Additional pedagogical benefit: a productive 'pause'*

### New School

Videos, recordings, etc.

## AI-Coached

### TORI

*Taxonomy of Reflective Inquiry*

(Digication Platform)

# Some Exemplars



**STEM**

## **BIO 400**

1 Credit Capstone



**Core Curriculum**

## **COR 201**

Ethical Leadership  
East & West

**AI-Coached**

## **TORI**

Taxonomy of  
Reflective Inquiry

# How Might You Use Reflection?

## BRAINSTORMING SHOW-AND-TELL



**Think of a form of metacognition you seek to cultivate in students with whom you currently engage...**

**In the chat, draft a reflection prompt tailored to a particular student demographic with whom you engage, one that you think could help these students cultivate particular cognitive, emotional, or behavioral qualities that will be positively impactful (i.e., 'superpowers') both during their education and beyond.**

*Information identifying the learning context / audience welcomed!*

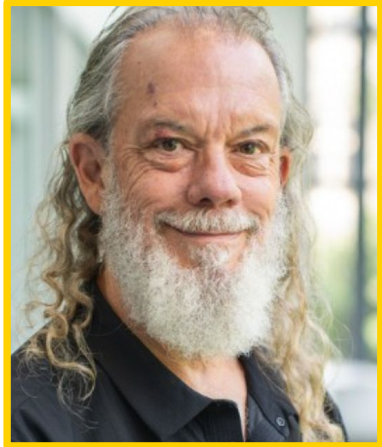
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*“...if you can make honesty and self awareness your superpower, you will become happier, more empathetic and more successful in all you do.”*

Arthur C. Brooks



# Let's Connect



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